

Strength and Conditioning Coach, Jamie Rychen



Jamie Rychen- A graduate of Middle Tennessee State University, with a degree in Exercise Science. After graduation Coach Rychen worked as a Strength and Conditioning Intern in the Summer of 2008 at the University of Florida with the Gator football program. While with the Gators they went on to win the 2008 SEC Championship and National Championship. During that time he worked with 12 current NFL players, 4 of which was drafted in the 1st round.